

Emergency Preparedness Resources for *Families*

The Newborn Screening Family Education Program (Navigate Newborn Screening) is dedicated to ensuring that all families have access to newborn screening education. As you navigate emergency situations, we want to ensure you have access to the information you need when you need it.

During emergencies, it can be challenging to locate or access resources. The following list of curated preparedness and emergency planning resources provides tools and information on how to support your newborn screening journey, as you navigate the pandemic and/or other emergency situations. We have added wellness resources, recognizing that addressing new and existing diagnoses and navigating the world of newborn screening can be challenging, especially with added stress during emergencies.

NEWBORN SCREENING RESOURCES

- [The Newborn Screening Information Center](#): Find more information about the newborn screening process
- [Baby's First Test](#): Learn more about screening in your state and to access your state's emergency newborn screening resources
- [COVID-19 and Newborn Screening](#): Enroll in this free online course to learn more about newborn screening during the COVID pandemic
- [Family Voices](#): Connect with family support groups and locate your local chapter
- [Hands and Voices](#): Connect with a chapter in your area and access additional support resources for families and caregivers who have children who are deaf or hard of hearing.

CHILD CARE RESOURCES

- [Head Start Collaboration Office](#): Identify local resources and information on childcare resources.
- [Childcare.gov](#): Find information about local childcare services in your state
- [ChildCare Aware of America](#): Find resources in your state for fee assistance and respite care to military and Department of Defense families

TELEHEALTH RESOURCE

- [Telehealth Toolkit](#): Download checklists, watch videos, and learn more about how to navigate telehealth visits
- [Telehealth for Patients](#): Learn the basics of telehealth, find different telehealth options, and get help with accessing telehealth

WELLNESS RESOURCES

- [MentalHealth](#): Access a 24-hour hotline, download tools, and ask questions related to anxiety, depression, and other mental health support topics
- [Harvard's Center on the Developing Child](#): Identify causes of childhood stress and learn more about how to create resilience to stress in children.

For general information about COVID and how to prepare for natural disasters, visit [HealthyChildren.org](https://www.healthychildren.org).